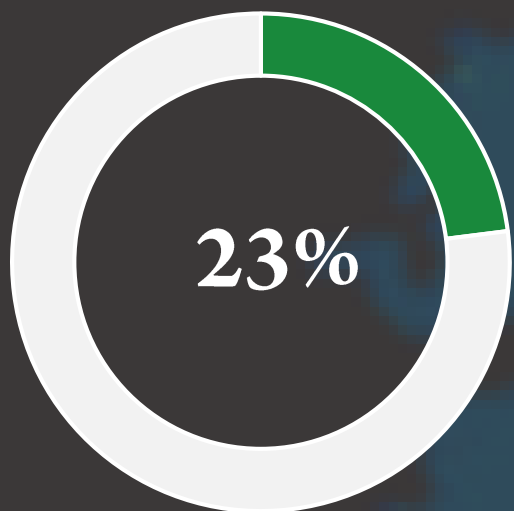


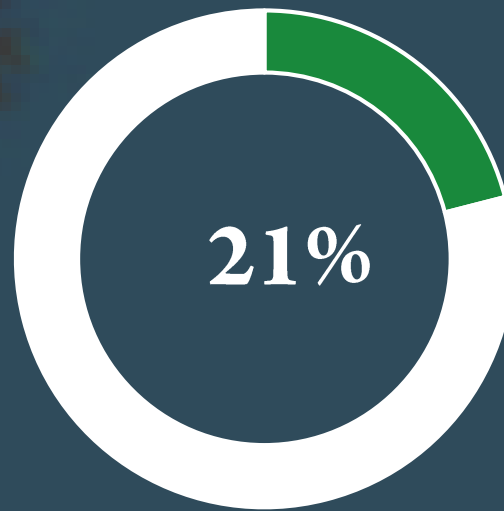


**hbsc**  
HEALTH BEHAVIOUR IN  
SCHOOL-AGED CHILDREN  
ÉIREANN / IRELAND

# Food and Dietary Behaviour among school-aged children in Ireland



Report consuming fruit more than once a day



Report consuming vegetables more than once a day

**19%**

Report ever going to school or to bed hungry



**21%**

Report eating sweets once a day or more

**7%**

Report drinking soft drinks daily or more

**12%**

Report never having breakfast during weekdays

**15%**

Report trying to lose weight

Access the full HBSC Ireland 2018 report at:  
<http://www.nuigalway.ie/hbsc>



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