

Positively influencing young people's mental health and wellbeing

"We go off every Sunday doing stuff like. It just gets me out of the house for an hour away from the boys and that, like it's just my own time..."
(Young Person)



Influencing Young People's attitudes to crime

"Yeah like, it's practically to keep you off the street..and it does like because she'd talk to you about it."
(Young Person)

BBBS GYDP Mentoring is making a difference by...

Supporting Young People

"...I'm closer to her than I would be with most other people in school. I can tell her stuff that I wouldn't be able to tell other people"
(Young Person)

Main Findings - BBBS GYDP is:

- * Well liked by participants
- * A good addition to the work of GYDP's
- * Well organised by staff

Improving Young People's confidence

"I gotten more confident in myself... I didn't really like going swimming because I wasn't really good at it, but she taught me that you don't have to be good just to, do stuff, you just try your best"
(Young Person)

Developing Young People's sense of direction and purpose in life

"I used to be bold in school like.. but.. he's a good influence... he's telling me if I stay in school I get my Junior Cert. Without that education you won't go far in life and you won't get the good jobs and the good money."
(Young Person)

Big Brother Big Sister Garda Youth Diversion Project (BBBS GYDP)

Research into what young people think about the BBBS GYDP

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