



hbosc

HEALTH TRENDS IN IRISH CHILDREN: 1998-2022

70,553 PUPILS AGED 10-17
TOOK PART IN SURVEYS



TOBACCO

4.7% ↓

CURRENT SMOKERS
IT WAS 22.6% IN 1998



ALCOHOL

17.8% ↓

HAD EVER BEEN DRUNK
IT WAS 33% IN 1998



CANNABIS

6.5% ↓

USED IN THE LAST YEAR
IT WAS 12.3% IN 1998



SLEEP DIFFICULTIES

46.3% ↑

DIFFICULTIES GETTING TO
SLEEP AT LEAST WEEKLY
IT WAS 30.9% IN 1998



FEELING LOW

46.3% ↑

FEELING LOW AT LEAST WEEKLY
IT WAS 23% IN 1998



SCHOOL PRESSURE

47.8% ↑

FEEL PRESSURED BY
SCHOOLWORK
IT WAS 32.9% IN 1998



DIETING

12.7% ↑

DIETING OR TRYING TO
LOSE WEIGHT
IT WAS 11.9% IN 2002



SOFT DRINKS

6.6% ↓

HAVE SOFT DRINKS DAILY
IT WAS 37.4% IN 2002



HUNGER

18.3% ↑

GONE TO SCHOOL OR
BED HUNGRY
IT WAS 16.6% IN 2002



OLLSCOIL NA
GAILLIMHE
UNIVERSITY
OF GALWAY



An Roinn Sláinte
Department of Health

