



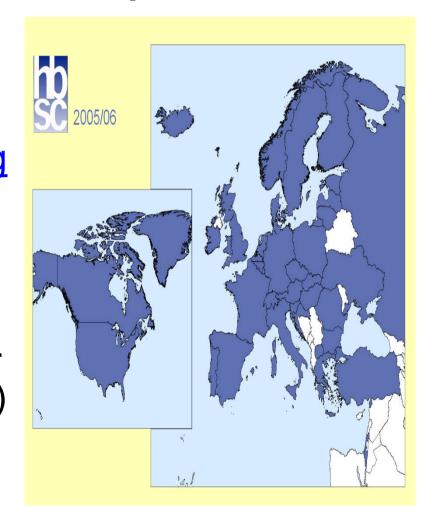
# Consultation with Young People: The process of producing a youth friendly resource using data from HBSC Ireland

#### Priscilla Doyle

Doyle, P., Kelly, C., Cummins, G., Sixsmith, J., Molcho, M., O'Higgins, S., & Nic Gabhainn, S. (2010). In Consultation with Young People:

## Health Behaviour in School-aged Children (HBSC)

- Cross-national research study
- 41 countries <u>www.hbsc.org</u>
- Academic 4-year cycle (1998, 2002, 2006, 2010)
- School-based survey (selfcompletion questionnaires)
- Data collected: children aged 9-18 years



## **HBSC Aims**

 To gain new insight into, and increase our understanding of young people's health and wellbeing, health behaviours and their social context.

## **Study Rationale**

HBSC liaises with various stakeholders during the research process.

Liaise with children differently:

- Data collection voluntarily give their time and information.
- Beyond this children were not involved thus in terms of stakeholder status are not considered on equal terms.

## **Aims & Objectives**

**Aim**: To explore children's views in relation to how the HBSC Ireland data could be disseminated as a youth friendly resource.

#### **Objectives:**

- To gain an insight into the HBSC topics that children find interesting.
- To investigate the type of information they would like regarding these topics.
- To explore the most appropriate formats for disseminating this information.
- To investigate effective methods and levels of engagement for children in this research process.

## **Sampling Frame**

Galway County (Rural)					Dublin City (Urban)			
	Primary School (DEIS)	Primary School (Non- DEIS)	Post Primary School (DEIS)	Post Primary School (Non- DEIS)	Primary School (DEIS)	Primary School (Non- DEIS)	Post Primary School (DEIS)	Post Primary School (Non- DEIS)
Schools	1	1	1	1	1	2*	1	1
Workshops	1	1	1	2	1	2	1	1
Groups	1	2	2	4	2	4	2	2

## **Method: Participatory Workshops**

#### **Outline of Workshops**

- Introduction to HBSC
- Icebreaker
- Group contract
- Activity 1: Snap Card Game
- Activity 2: Pizza Chart
- Activity 3: Brainstorming

## **Activity 1: Snap (card) Game**

- •HBSC Questionnaire Identified variables
- Topic Cards(x51)

#### **Example of Topic Cards:**



## **Activity 1: Snap (card) Game**

#### **Process**

- A pack of 51 cards were given to the groups
- Each student had to put down a topic card -"interesting" or "not interesting".
- Group discussion agreed or disagreed

#### **Interesting Topics (Top 12)**

Look through them and rank the topics they found the most *interesting*" and would like to know more about.

## Results -Snap Card Game: Highest Ranked Interesting HBSC Topics (By groups):

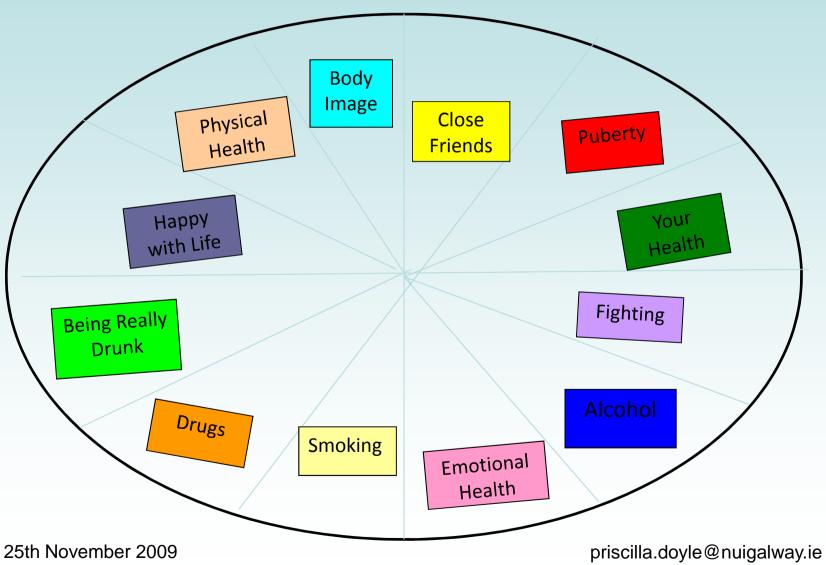
Ranking	Topic	Top Twelve (no. of groups)
1	Alcohol	16
2	Puberty	14
3	Drugs	14
4	Being really drunk	14
5	Smoking	12
6	Fighting	11
7	Your health	9
8	Body Image	9
9	Physical health	9
10	Emotional health	8
11	Happy with life	8
12	Close friends	8

## **Activity 2: Pizza Chart**

#### **Process**

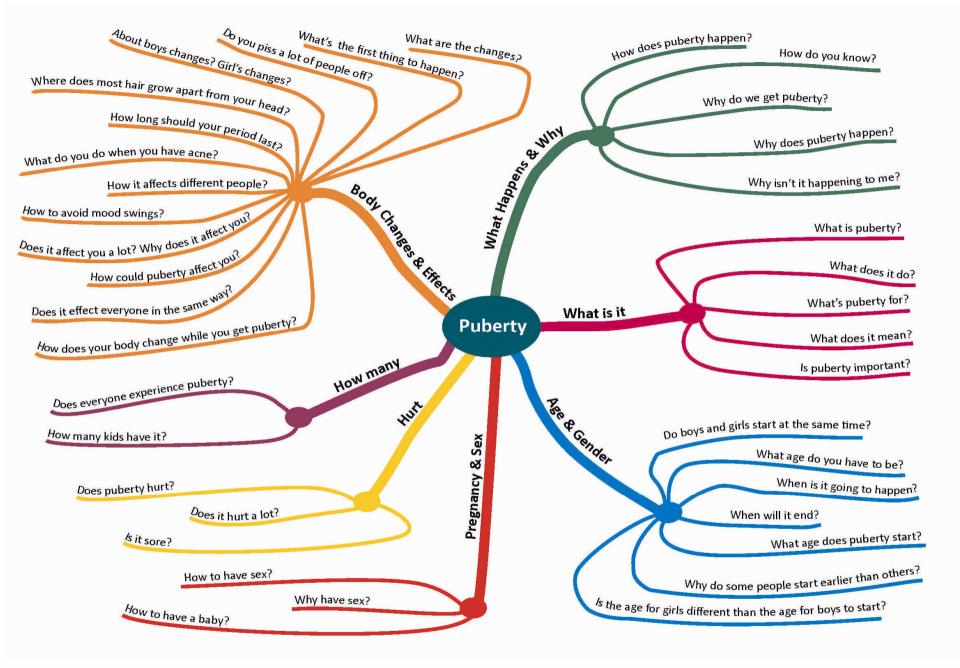
- Large Pizza Chart (circle divided into 12)
- Glue one of their 12 highest ranked interesting topic cards in each pizza slice on the chart.
- Write down in the surrounding space in each slice, what they would like to know about that specific topic.





## **Activity 2 Results: Pizza Chart**

- Analysed using the qualitative software package Nvivo
- Reviewed all their questions under each of the 12 interesting topics
- Under each topic created themes and using their wording put their questions under these.
- Looked for patterns.
- Created diagrams similar to mind mapping to present results.



## Activity 3 Results: Dissemination Format

These include the following in order of the most discussed:

- 1. DVD
- 2. Presentations & talks
- 3. Books/Reports
- 4. Internet
- 5. Factsheets
- 6. Posters/Banners & Notices
- 7. Newspapers
- 8. Television
- 9. Health Magazines
- 10. Play, Theatre & Song

## Conclusion

- Opportunity for children to voice their opinions and engage more effectively in the research process.
- Starting point for HBSC Ireland to reduce the power imbalance, between the researcher and those who are being researched.

#### **Future Direction**

- PhD HBSC Dissemination Resource
- HBSC plans to develop site for young people.
- Consultation groups of young people

## **Thank You!**

#### **Additional Information**

www.hbsc.org

www.nuigalway.ie/hbsc

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