



hbSC
HEALTH BEHAVIOUR IN
SCHOOL-AGED CHILDREN
WORLD HEALTH ORGANIZATION
COLLABORATIVE CROSS-NATIONAL STUDY

HBSC TRENDS REPORT 1998-2018



62,720 CHILDREN
AGED 10-17 TOOK
PART IN SURVEYS



TOBACCO
5.3% ↓
SMOKING
IN 2018
IT WAS 22.6% IN 1998



ALCOHOL
19% ↓
HAD EVER
BEEN DRUNK
IT WAS 33% IN 1998



CANNABIS
8.5% ↓
USED IN THE
LAST YEAR
IT WAS 12.3% IN 1998



HOME
84% ↑
FOUND IT EASY
TO TALK TO
THEIR MOTHER
UP FROM 73% IN 1998



HOME
71.5% ↑
FOUND IT EASY
TO TALK TO
THEIR FATHER
UP FROM 47.4% IN 1998



FREE TIME
63.5% ↑
HAD GOOD,
LOCAL PLACES
TO SPEND TIME
UP FROM 45.1% IN 2002



DIETING
14.4% ↑
TRYING TO
LOSE WEIGHT
IN 2018
UP FROM 11.9% IN 2002



SCHOOL
44.3% ↑
FELT PRESSURE
FROM SCHOOL
WORK
UP FROM 32.9% IN 1998



WELLBEING
34.3% ↑
FELT LOW
AT LEAST WEEKLY
IN 2018
UP FROM 23% IN 1998