



Computers/Display Screen Equipment Regulations 2007 – Use of Laptops

In line with Safety, Health and Welfare at Work Regulations 2007, Display Screen Equipment (page 7) the Health and Safety Authority state that “a user should not work on the laptop directly for long periods of time”.

Personnel using laptops as their primary machine should use a separate mouse, monitor and keyboard so that their computer workstation can be set up more ergonomically in compliance with these regulations.



For those who move their lap-top regularly a docking station is a useful facility as cable connections can be left in situ.

