

OLLSCOIL NA GAILLIMHE UNIVERSITY OF GALWAY An Institiúid Cúrsa Saoil & Sochaí Institute for Lifecourse & Society ENABLING EQUITY ACROSS THE LIFE COURSE

## Institute for Lifecourse and Society - ILAS International Research Training Series

# Adolescent Voice: The Intersection of Technology and Participatory Health Research.

This seminar will provide a critical overview of participatory methods in health research with adolescents. Participation will be introduced as a multidimensional concept encompassing a variety of epistemological approaches and methods. Participation is an ultimate tool to capture the voices of participants, however it also has challenges such as power differences, inclusion, ethics, meaningful engagement and the how to approach the technological disparity in different contexts and populations. A variety of health research methods will be explored including eHealth, mHealth, games, sonification, photovoice in health research, videos and visual mapping.

DATE: Wednesday, 17th September 2025

TIME: 10:00 -14:00



This seminar is based on the recently released book "Technological Innovations in Participatory Health Research with Adolescents". The session will be delivered using a combination of interactive talks and participatory methods in practice. Two live sessions will be delivered on sonification and visual mapping using freely available software which can be adapted and applied to real-life research. Participants in the seminar are welcome to fully engage in the activities and bring their own databases if they want to "play" with the technology on the day.

### Speaker



Dr Leonor Rodriquez

Leonor has a background in Clinical and Health Psychology. Her work has been focused on researching and teaching research methods with children and adolescents. She is a mixed method, multidisciplinary researcher focused on understanding, learning teaching and developing the area of participatory research methods with children and adolescents. Her research has been mainly focused on the impact of chronic illness in the family and recently illness related bereavement and death experiences. Leonor is a lecturer in Psychological Research Methods at the University of Edinburgh. Leonor completed a Higher Diploma in Data Analytics and Visualisation in 2021 which opened her world into the possibilities of including the use of technology in participatory health research with children and adolescents, an experience which has been compiled in the book released in 2025 "Technological Innovations in Participatory Health Research with Adolescents". A critical, comprehensive and evidence-based guide for anyone interested in the potential of combining these elements to advance research with adolescents in an ethical way.

#### Schedule

Time	Details
10:00 - 10:10	Welcome & Introductions
<b>10:10 – 1</b> 1:00	Participation, Health and Technology: An Overview
11:00 - 11:30	Sonification
11:30 - 11:45	Break
11:45 - 12:00	Visual Mapping
12:00 - 12:30	Applied Methods
12:30 - 13:00	Discussion and Closing Remarks
13:00 - 14:00	Lunch

#### Contact

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