EVERYTHING YOU NEED TO KNOW ABOUT OUR

INBOUND EXCHANGE PROGRAM

The inbound international exchange program welcomes exchange students from partner institutions for one or two semesters.

TABLE OF CONTENTS

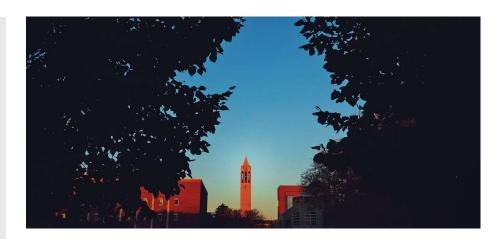
- 1 | Important Dates and Deadlines
- 2 | Program Details
 - Estimated Costs
 - Accommodations
- 3 | Academics
 - Grading Scale
 - Transcripts
 - Course Catalog
 - Credits
 - MavCard

4 | Getting Started at UNO

- Application
- Language Requirements
- Basic Visa Requirements
- Financial Proof
- Arrival in Omaha
- Orientation

5 | Support and Wellness

- Health Insurance
- Health Records
- International Student Support
- 6 | Contacts and Helpful Links



EADLINES
April 15
May 15
August 23
December 13-16
DEADLINES
October 15
November 15
January 24
May 9-13

Support from UNO Contacts

Nominator and Student Contact:

Yue Song, Global Learning Advisor 1.402.554.3168 unoexchange@unomaha.edu

Arts & Sciences Hall (ASH) 241 6001 Dodge Street, Omaha, NE 68182, USA

International Programs Contacts:

1.402.554.2293

Emergency: 1.402.554.2648 <u>unointernational@unomaha.edu</u>

PROGRAM DETAILS

Estimated* cost of attendance for Inbound International Exchange Program

Expenses*	Estimated Cost Per Semester* (Undergraduate & Graduate)
Tuition	Waived
Standard Fees	\$184
Health Insurance*	\$2,102
Room and Board**	\$5,321
TOTAL ESTIMATE	\$7,612

^{*}ISEP Students have different health insurance requirements. **Room and board vary based on college, meal plan, and housing selection.

Accommodations

Students can request on-campus housing or choose to live off campus. Once admitted, students will complete the campus housing application on their MavLink portal.

On-campus housing choices include University Village or Maverick Village on the main Dodge Street campus, or Scott Village on the Scott campus near Pacific Street.

Both student residence options provide apartmentstyle housing with roommates and are within walking distance to dining, shopping, parks, and other forms of entertainment.

UNO offers shuttle routes between Dodge and Scott campus for free to students. The Omaha Metro offers daily local bus services throughout the city.

To learn more about residence life, visit:

[HOUSING.UNOMAHA.EDU]





ACADEMICS



Grading Scale

US Letter Grade	Definition	US Percentage	US GPA
A-/A+	Superior	90%-100%	3.67-4.00
B-/B+	Above Average	80%-89%	2.67-3.66
C-/C+	Average	75-79%	1.67-2.66
D-/D+	Below average/Passing	70-74%	0.67-1.66
F	Failed	60-69%	0.00-0.66
I/IP	Incomplete/In Progress	59% and below	0.00
W	Withdrawal		

Transcript of Records Upon Leaving

Exchange students are advised to request an official transcript of records at the end of their study period. To order a transcript, please log on to your Mavlink account at:

[MAVLINK.UNOMAHA.EDU]

MavCard

A MavCard is the official identification card used at the University of Nebraska at Omaha. Your MavCard is used to access many services on campus, including entrance into our health services and wellness center building and checking out books from the library. The card can also be used as a debit card for making purchases across campus. International students will be issued a MavCard prior to the start of classes.

Course Catalog

UNO's course catalog outlines all the available courses.

Your study plan should be based on this current course catalog, bearing in mind that changes may occur. UNO faculties cannot guarantee your place on any individual course as each course placement is subject to availability, the fulfillment of certain preconditions, and factors relating to time tables.

For the specific courses available, visit:

[UNOMAHA.EDU/CLASS-SEARCH]

Credits

The majority of classes are 3-5 US credit hours per class, but can range from 1-9. Undergraduates are required to enroll a minimum of 12 credit hours. Graduate students are required to enroll in a minimum of 9 credit hours.

NOMINATION AND APPLICATION PROCESS

Institution Coordinator must:

 Nominate student through the online form at <u>https://forms.gle/2uHrdr3c1hptjmQdA</u>

Students must:

- Be nominated by their home institution coordinator prior to beginning the application process.
- Complete an online application after they have been nominated
- Provide proof of English proficiency or UNO Certificate of English Proficiency signed by student's home institution

All information concerning admissions and applications for exchange programs can be found at:

[GO.UNOMAHA.EDU/GETTINGSTARTED]

English Proficiency Requirements

Test	Undergraduate	Graduate
TOEFL iBT	61	80
IELTS	5.5	6.5
Duolingo	95	105

Basic Visa Requirements

Students will need a DS-2019 form issued by UNO to apply for a J-1 exchange visitor visa prior to their arrival. DS-2019 forms are issued after a student is admitted to the program and proof of sufficient funds have been provided.

Financial Proof

Students must provide proof that they have sufficient funds to cover the estimated expenses for the duration of their time at UNO during the application process.



Arrival in Omaha

Transportation from the airport is available upon request typically a few days preceding orientation. Spring semester dates may vary. In order to utilize this service, please send arrival information at least two weeks in advance. Find out more information or request an airport pickup online under 'Transportation from the Airport' at:

[GO.UNOMAHA.EDU/GETTINGSTARTED]

Orientation

All international and exchange students are required to attend orientation. Students will learn about:

- important immigration regulations and SEVIS
- adapting to American culture
- opening a US bank account
- health services and US health insurance
- UNO's student support services
- UNO email and student account set up
- on-campus employment
- course enrollment, academic integrity, and attendance requirements
- campus

Fall and Spring Orientation typically begins the Thursday before the first day of classes.

[ORIENTATION.UNOMAHA.EDU]

SUPPORT AND WELLNESS







Health Insurance*

International students on exchange or special short-term programs are required to purchase either the United Healthcare (UHC) Health and Dental Insurance plan or the International Student Insurance (ISI) plan. For maximum coverage, UNO recommends United Health Care (UHC) and Dental Insurance. If selecting ISI, students must submit a waiver via their MavLink portal. Students should review the policy requirements carefully. All other students are required to purchase the UNO student health insurance plan to ensure all of their health and dental needs are covered in case of illness or hospital stays. Students may contact the Office of International Programs with insurance questions by emailing unointernational@unomaha.edu

For more information about the policy's coverage, visit:

[GO.UNOMAHA.EDU/GETTINGSTARTED]

*ISEP Students have different health insurance requirements.

Health Records

International students studying in Omaha must provide vaccination records that show proof of two MMR (Measles/Mumps/Rubeola) immunizations or a positive Rubeola lab result. Students must take a required Tuberculosis test on campus at the Nebraska Medicine UNO Health Center during orientation or within a month of arriving in Omaha.

For more information, including instructions on how to submit your immunization records, visit:

[GO.UNOMAHA.EDU/GETTINGSTARTED]

Support for International Students

New Student and Family Programs at UNO will help international students get familiar with campus, know about important academic and immigration-related issues, and get involved in activities both on campus and in the community. Students can speak with an international student advisor regarding questions about life in Omaha, travel, adjusting to American culture, health needs, bank account, and more.

HELPFUL LINKS



UNO Homepage UNOMAHA.EDU



MavLINK

MAVLINK.UNOMAHA.EDU



Canvas (student course portal)

[CANVAS.UNOMAHA.EDU]



UNO Bookstore

[UNOBOOKSTORE.COM]



UNO Campus Maps

UNOMAHA.EDU/MAPS]



UNO Campus Housing

[<u>housing.unomaha.edu</u>]



UNO Shuttle Services

[PARKING.UNOMAHA.EDU/SHUTTLE]



Things to do in Omaha

[VISITOMAHA.COM]



MEET THE TEAM



Emily Hassenstab Director of International Programs ehassenstab@unomaha.edu



Lori Arias Associate Director of International Advising larias@unomaha.edu



Louisa Ehrlich Assistant Director of Global Partnerships lehrlich@unomaha.edu



Emily Krueger Assistant Director of Global Learning <u>ekrueger@unomaha.edu</u>



Yue Song Global Learning Advisor unoexchange@unomaha.edu

