



NUI Galway  
OÉ Gaillimh



## MA/Postgraduate Diploma in Health Promotion

Are you interested in learning about health and well-being, and the wider determinants of health? Would you like to know more about how daily health is impacted by lifestyle, living conditions, employment, community and wider socioeconomic factors in society? Would you like to be able to create a positive change in the world, through working with organisations, communities and government departments to promote population health?

The Health Promotion programme is based upon the social model of health. It aims to empower people to increase control over and to improve their health. Health Promotion works at both the individual and population level and extends beyond the health services to influence health in homes, communities, schools, workplaces and society.

The MA/PGDip in Health Promotion at NUI Galway is one of the first programmes globally to be accredited by the International Union of Health Promotion and Education. These programmes equip you with all the competencies required to become a qualified Health Promotion practitioner.

**Course level:** National Qualification Framework Level 9

**Duration:** 1-year full time, 2-years part time

**Entry Requirements:** As Health Promotion is a multidisciplinary area, applications from candidates with a related primary degree are considered. Each applicant is assessed individually on any relevant professional experience, level of motivation and suitability as per personal statement submitted via online application

**Fees:** E.U. students / Non-E.U. students: previous academic year fees can be found on:  
[www.nuigalway.ie/student-fees/how-much/postgraduate-fees/](http://www.nuigalway.ie/student-fees/how-much/postgraduate-fees/)

**Applying:**

[www.nuigalway.ie/postgraduateapplications](http://www.nuigalway.ie/postgraduateapplications)  
Course Code: 1HP1, MA, full-time 1HP4, MA, part-time 1HM1, PDip, full-time 1HM7, PDip, part-time

**Closing date:**

Course closes when all places are filled

*For more information please contact [hpinfo@nuigalway.ie](mailto:hpinfo@nuigalway.ie)*

# MA/Postgraduate Diploma in Health Promotion

## Why study Health Promotion at NUI Galway?

NUI Galway is consistently ranked in the top 1% of universities in the world. It has a rich cultural environment with state-of-the-art facilities for learning and research. The Discipline of Health Promotion is located within the School of Health Sciences and is recognised globally for its Health Promotion Programme. Our dynamic research activities are coordinated through the Health Promotion Research Centre. For details see our website: [www.nuigalway.ie/hprc/](http://www.nuigalway.ie/hprc/)

The Centre is a designated World Health Organization Collaborating Centre for Health Promotion Research. Staff at the Centre produce high quality research that supports the development of best practice and policy in Health Promotion.

## Employment and career opportunities

Career opportunities for graduates of the Health Promotion programme can be found in the public, private and voluntary sector. Previous graduates are working in:

- Public and private health services
- Educational establishments
- Research institutes
- Government departments
- Community resource centres
- National and International NGOs.

## What do our past graduates say ...

### Larissa Kaminsky

*(MA Health Promotion Graduate, Canada)*

*"I decided to do my MA (Health Promotion) at NUI Galway because the course was quite comprehensive, the faculty members had diverse research interests, and I was keen to immerse myself in a culture that was not my own. Upon returning home to Ontario, Canada after achieving my MA, I began working as a health promoter at an Ontario Public Health Unit."*

Core Modules	Optional Modules
Foundations of Health Promotion	Promoting Healthy Behaviours
Research Methods	Promoting Mental Health and Social Wellbeing
Health Promotion Practice	Re-orienting the Health Services
Determinants of Health	Supportive Environments for Health
	Evaluation of Health Promotion Programmes
	European Dimension

## Modules

The programme includes four core modules, four optional modules and a dissertation for those on the MA programme. The optional modules available are subject to change. The practice module incorporates a professional work placement with supporting skills and practice development tuition. Through the various teaching methods employed, an excellent learning environment is created that equips students with transferable skills that go beyond the taught material and prepares graduates for future employment.

## Examination and assessment

Assessment is continuous, including essays and reports. There is one oral examination as part of the assessment of Health Promotion Practice module. Dissertations are submitted within four months of completion of the taught course.

### Christine Fitzgerald

*(MA in Health Promotion, Ireland)*

*"I chose to pursue the MA in Health Promotion in NUI Galway as it is involved in exciting on-going projects which really appealed to me. I gained a comprehensive understanding of the wider picture of health and what can affect health. I found the taught element interesting and practical, while the work placement provided valuable experience in a Health Promotion role. Completing the MA has led me in a new and exciting direction ..."*

For more Information please see:

[www.nuigalway.ie/courses/taught-postgraduate-courses/#4](http://www.nuigalway.ie/courses/taught-postgraduate-courses/#4)