



Public involvement in research in primary care (general practice)

Whom to involve?

A PPI group for primary care research should aim to include a mix of age, gender, health status and urban & rural dwellers. It should include medical card holders and private patients, have members drawn from a range of socio-economic groups, and with a mixture of educational and employment backgrounds.

Here is an example of the profiles you could seek out:

1. Senior citizen, living with one or more chronic diseases
2. A person with experience of using mental health services
3. A person with a physical disability or working with people with physical disability
4. A person who has moved to live in Ireland within last 5-7 years
5. “Generic” Female aged 30-50, rural, in employment
6. “Generic” male aged 30-50, urban or rural, in employment, with some experience of primary healthcare system personally or in family
7. Rural male, aged 30-50, medical card holder, living with one or more chronic conditions (eg diabetes, kidney disease, asthma)
8. Active healthy senior citizen
9. Mother of 3 or more children (young or grown up), private patient
10. Carer eg of a person with dementia or a child/adult with physical or intellectual disability
11. A male or female from a marginalised community, if not represented above
12. A person for whom English is not their first language, if not represented above

Note that many PPI Contributors wear more than one “hat “ – so a “mother of 3 children” may also have a first language other than English, or may herself live with a chronic condition, etc.