



OLLSCOIL NA GAILLIMHE  
UNIVERSITY OF GALWAY

Date:  
1/1/2023

Min. Time  
Commitment:  
23 Hours

Expiry Date:  
31/12/2025

Module Code:  
MG3121



**Breda O'Brien**

*Leading individuals, teams and projects*  
*Secondary description example*

The focus of this module is on developing students' capacity for leadership. Students explore the transformative power of their own early life experiences in shaping and reframing how they see themselves as leaders. Through a combination of theoretical frameworks, practical exercises, and reflective assessments, students gain insights into how their own life experiences have shaped their leader identity across four key components: self-awareness, open communication, ethical values, and impartial decision-making.

**To earn this badge the student must:**

1. Demonstrate a clear understanding of the concept of formative experiences and their potential impact on their leader identity development.
2. Reflect on their own formative experience and articulate how it has influenced their leader identity.
3. Demonstrate critical thinking and application of theoretical knowledge to real-world experiences.
4. Engage in reflective dialogue with peers and module leader to deepen their understanding of the relationship between formative experiences and leader identity development.

***Skills***

**Communication | Critical Thinking | Leadership | Resilience | Self-Awareness**

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**Ciarán Ó hOgartaigh**  
President,





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## *Skills*

**Communication:** Articulated how personal formative experiences influenced leader identity across various leadership components, which enhanced communication skills. Learned to express thoughts, insights, and emotions effectively, both in writing and through verbal discussions with peers and instructors.

**Critical Thinking:** Engaged in a critical analysis of the impact of early-life experiences on development of individual leader identity. Using a structured framework, evaluated personal experience, demonstrating the ability to think critically and analyse complex ideas.



**Leadership:**As part of the final assessment, demonstrated leadership by taking ownership of personal development and growth plan. Reflected on life experiences and articulated how these experiences have shaped personal capacity for leadership. In doing so, demonstrated qualities such as deep introspection, self-awareness, moral perspective, empathy, open communication, and impartial decision-making, which are essential aspects of effective leadership.

**Resilience:**Reflecting on formative experiences and their impact on leadership identity developed significant personal resilience. This process may have involved confronting difficult memories or emotions. Engaging with these challenges constructively developed adaptability, resilience and personal growth in the face of adversity.

**Self-Awareness:**Recognised how early-life experience has shaped personal leader identity, enhancing self-awareness and personal insight.

(DW) JL

**Ciarán Ó hOgartaigh**  
President,  
University of Galway

