

Leading the Transition to A Sustainable Future

We are all responsible for being part of the change

Join us on our journey

At University of Galway sustainability is at the heart of everything we do. We learn, live and lead on sustainability.

We were awarded National SDG Champion status for the year 2023/24 by the Government of Ireland, advancing to SDG Ambassador in 2024.

From climate action to social justice, we are committed to creating a better, more sustainable future for all. Join us on our sustainability journey.



To learn more about the SDGs and Ireland's response and commitment to the UN, visit: www.gov.ie/SDGs

To learn more about University of Galway's response to the SDGs visit: www.universityofgalway.ie/sustainability



OLLSCOIL NA GAILLIMHE
UNIVERSITY OF GALWAY



A Guide to Progressing the SDGs

50 Daily Actions
To help transform our world



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50 Actions

Join us on our sustainability journey
Together we can transform the world

1 NO POVERTY



- Volunteer with a local charity tackling poverty
- Shop in second-hand charity shops
- Support on-campus donation drives such as the Food Pantry, Hygiene Bank and Glassary

2 ZERO HUNGER



- Opt for more plant-based food choices
- Don't waste food
- Get involved with our campus organic garden

3 GOOD HEALTH AND WELL-BEING



- Exercise regularly
- Make time for yourself, your friends and your family
- Join a University of Galway club or society

4 QUALITY EDUCATION



- Share your skills with someone that needs them
- Donate books
- Find out more about the SDGs from our [website](#) and by walking our [SDG Trail](#)

5 GENDER EQUALITY



- Participate in campaigns for gender equality
- Advocate for equal opportunities
- Challenge everyday sexist language or behaviour

6 CLEAN WATER AND SANITATION



- Check out our new network of outdoor drinking water fountains
- Take shorter showers
- Report leaks

7 AFFORDABLE AND CLEAN ENERGY



- Switch off lights and electronics when not in use
- Replace old appliances with energy efficient models
- Get informed about renewable energy on campus e.g. Geofit

8 DECENT WORK AND ECONOMIC GROWTH



- Support businesses with fair labour practises
- Buy fair trade products
- Attend workshops on entrepreneurship and sustainable business

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



- Encourage recycling and upcycling projects
- Support local startups and innovative businesses
- Check out [An Mheitheal Rothar](#) - an on-campus social enterprise promoting cycling

10 REDUCED INEQUALITIES



- When you see discrimination speak up against it
- Respect people who may do things differently from you
- Promote diversity and inclusion in student organisations

11 SUSTAINABLE CITIES AND COMMUNITIES



- Get involved with local groups working to make your place more sustainable, for example, [Galway National Park City](#)
- Instead of driving-walk, cycle or use public transport
- Make use of local recreational spaces

12 RESPONSIBLE CONSUMPTION AND PRODUCTION



- Shop, eat and drink locally
- Buy less stuff
- Use a reusable bag, cup and water bottle and not just on campus but as part of your daily routine

13 CLIMATE ACTION



- Get involved in tree planting or reforestation project
- Drive and fly less
- Buy eco-friendly products

14 LIFE BELOW WATER



- Buy local and certified fish
- Participate in beach or river clean-ups
- Visit the [University of Galway Zoology and Marine Biology Museum](#)

15 LIFE ON LAND



- Eat seasonal food
- Let sections of your garden grow wild
- Talk a walk along the [University of Galway Biodiversity Trail](#)

16 PEACE, JUSTICE AND STRONG INSTITUTIONS



- Vote
- Report and speak out against bullying or harassment
- Demonstrate a peaceful environment at home

17 PARTNERSHIPS FOR THE GOALS



- Practise teamwork at home, with your friend and your classmates
- Lead the way - join a [CUSP Working Group](#) to drive sustainability on campus.